

**March 6 - 29**

**A chance to reflect on our well being ...  
our health, relationships, community, and more.**



**Art Show**

**17 Participating Artists Share Their Views**

**Don't miss this powerful and reflective art show.**

The focus is on helping us heal — our bodies, minds, souls — whatever needs healing.

Phillip Charette  
Susan Crowley  
Jim Diem  
Adele Hammond  
Susan Hess

Sorcha Meek  
Andrew Pate  
Leila Prestia  
Rose Szapszewicz

Mary Schlick  
Barb Schuppe  
Luke Sloan  
Sarah Starr

Linda Steider  
Shelley Toon Hight  
Eric Voigt  
Penny Wallace

**Your Involvement MATTERS!**

**Community Events**

**March 21 & 22** (Saturday & Sunday)

Two days of discussions and workshops, aimed at engaging our community in a dialog about our overall well-being. Come to all or part.

**Join us at:**  
Columbia Center for the Arts  
215 Cascade, Hood River  
  
All events are free!

<b>Saturday</b>	10 – 11	Youthful Art of Healing	Providence Hospital discusses their youth art project
	11 – 12	Soul Collage Workshop	Hands-on workshop for anyone
	1:30 – 2:30	Drum Circle	Fun for all, led by Dr. Stephen McLennon
	2:30 – 3:30	Perspectives on a Shaman's Gifts	Presentation by Phillip Charette (Yupik)
	3:30 – 4:30	Providence Hood River Health Care	Building healthier Gorge communities
	4:30 – 6:00	Community Well-Being Forum	Panel & open forum with 7 community leaders
	6:00 – 6:30	Reception	Stick around for informal discussions
<b>Sunday</b>	2 – 3	Intentional Aging	Dr. Jennifer Sasser, Marylhurst University
	3 – 4	Love is the Reason	A discussion by Hospice of The Gorge
	4 – 4:30	Aging Artfully	An inspirational video
	4:30 – 5:00	Reception	Stick around for informal discussions

**Community Well-Being Forum**

*Saturday 4:30 – 6:00*

See reverse side for details

and go to: [www.columbiaarts.org](http://www.columbiaarts.org)

**Presented by Columbia Center for the Arts,  
in partnership with Providence Hospital.**



# Community Well-Being Forum

**Saturday, March 21**

**4:30 – 6:30**

Part of the Art Heals ... Birth to Death Project



## 7 Community Leaders Share Their Views

County Commissioner **Barbara Briggs** will lead the discussion with 7 leaders of our community.

Each leader will share his or her perspective on an important aspect of our community well-being ... an aspect he or she is expert in. Following their formal remarks, the forum will be open for discussion by members of the community.

- Our Community
- Our Economy
- Our Relationships
- Our Physical Health
- Our Agriculture
- Our Schools
- Our Aging Population

Join Us!

## Who's Talking About What...

Who	Title	Speaking on our ...
Arthur Babitz	Mayor, City of Hood River	Community overall
Mark Thomas	Mission Integration Director, Providence Hospital	Physical & spiritual health
Pat Evenson-Brady	Superintendent, Hood River County Schools	Public schools
Mary Merrill	Director, Small Business Development Center	Economic situation
Claudia Montaña	Program Manager, Nuestra Comunidad Sana	Hispanic population
Ron Rivers	County Commissioner	Agricultural industry
Sue Samet	Director, Area Agency on Aging	Aging population

Check out the latest information at [www.columbiaarts.org](http://www.columbiaarts.org)

## Where:

**Columbia Center for the Arts**  
215 Cascade Avenue, Hood River  
541-387-8877  
[www.columbiaarts.org](http://www.columbiaarts.org)

Presented by **Columbia Center for the Arts**,  
in partnership with **Providence Hospital**

