

presented by

Columbia Gorge Community College and Gorge Literacy

Explore the healing qualities of writing, music and theater.
How do these disciplines seek to address the suffering associated
with Post Traumatic Stress Disorder.

April 7—Jack Estes

The Mint - Erin Glenn Winery, 710 E 2nd Street, The Dalles
writer, veteran, & co-founder of Fallen Warriors Foundation
PTSD, its consequences, and the cathartic nature of writing

April 14—Lisa Smith & Karla O'Hagen-Hawley

Columbia Center for the Arts, 215 Cascade Ave., Hood River
Marylhurst University—Music Therapy Department
the healing influences of music

April 21—Hannah Treuhaft

Columbia Center for the Arts, 215 Cascade Ave., Hood River
Sojourn Theatre
theater builds community understanding and action

April 28—Kate Hawkes

The Mint - Erin Glenn Winery, 710 E 2nd Street, The Dalles
Performing Wellness
performance theater as a healing agent

6:30-7:10 Informal Chat on Artistic Process and Profession

7:10-7:30 Hors d'oeuvres

7:30-8:45 Presentation and Discussion of Work related to theme

For more information call 541-506-6047.

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County Cultural Trust Coalitions funded through the Oregon Cultural Trust,
supporting Oregon's arts, heritage, and the humanities.*

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Presenter Descriptions

Jack Estes (*writing*)

Jack Estes served as a Marine in Vietnam in 1968/69 where he was wounded and decorated. He is the author of the critically acclaimed Vietnam memoir, *A Field of Innocence*, which was a past finalist for the Oregon Book Awards. His articles and essays have appeared in Newsweek, LA Times, Chicago Tribune, Wall Street Journal and Oregonian among others. He has also written an award winning screenplay, *A Soldier's Son*, took first place in fiction and screenwriting at the Willamette Writers Conference, and won a fellowship to the prestigious Squaw Valley Writers Conference. He has just completed a novel titled *A Soldier's Son* based on his screenplay. Mr. Estes is also the president and co-founder (with his wife Colleen) of Fallen Warriors Foundation, a charitable non-profit organization established to "Honor the memory of American soldiers and to help heal the pain of war." FWF was established in 1993 following a return to Vietnam by Mr. Estes.

Lisa Smith (*music*)

Lisa Smith is a Licensed Clinical Social Worker in Oregon, completing her Master's Degree in Social Work at Portland State University in 1995. She worked for several years in both inpatient and outpatient community mental health settings, both with adults with serious and persistent mental illness and with adults in psychiatric crisis. Wanting to find a different way of working with people, she ultimately decided to combine her lifelong participation in music with her passion for helping people grow and improve their lives, and began her music therapy studies at Eastern Michigan University in 2007. She transferred to Marylhurst University in 2008 and will finish her coursework in June, 2010 when she will begin an internship at Earthtones Music Therapy Services in Portland.

Karla O'Hagen-Hawley (*music*)

Karla O'Hagen-Hawley is currently a student of Music Therapy at Marylhurst University. She is an active member of several music therapy organizations including the Western Region Music Therapy Student Organization. She served on the President's Student Advisory Council as a representative for the Marylhurst University Music Department. She provides keyboard lessons to at risk grade school children through the Piano Santa Foundation, and she also volunteers time working with juveniles in their recovery treatment. She received her Bachelor of Science degree in Psychology with a minor in Biology from Portland State University and received her Masters in Education with an emphasis in Curriculum and Instruction. She has developed an education program utilizing music as a tool to enhance learning.

Hannah Treuhaft (*theater*)

Hannah Treuhaft is the Director of Education and Community programming and also an acting ensemble member of Sojourn Theatre, a 2005 recipient of Americans for the Arts Animating Democracy Exemplar Award. She has collaborated on and performed in nearly all of the 22 major works of the company's ten year history, many of them Drammy award winning productions. In addition to her organizing and performance work, Ms. Treuhaft serves as the company's primary teacher, helping students explore their own creative voices and offering ideas about theater's larger purpose in society. Much of Sojourn's work is an exploration of the values that bring people together and that keep us apart. The company strives to make art—both as an ensemble and in collaborations around the country—that can act as a bridge between people, to offer space for illumination, recognition, and above all else, dialogue.

Kate Hawkes (*performing arts*)

Originally from Australia where she earned degrees in Education and Counseling, Kate Hawkes also holds an MFA in Directing from the University of Portland. She is a freelance theater professional, arts in healthcare consultant, educator and personal guide. Her theater experience includes writing, directing and performing, and she was the Education/Outreach Director and Artistic Associate at Artists Repertory Theatre in Portland. As an adjunct faculty at Linfield College, she taught and directed in the Theatre Department and developed a new Arts and Wellness course. She is the creator of *Performing Wellness™* and co-founded the Well Arts Institute in Portland. She was published in the online medical magazine, The Hektoen Institute of Medicine and is currently working on a book about the power of spirituality and the arts as a means for personal and community wellbeing entitled *Personal Magic - Real Empowerment in Times of Change*.

2010 Spring Humanities Series

The Healing Humanities & PTSD



Gorge
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